Domain D6: Ageing Well: Promoting and Supporting Older People with Medicines Optimisation			
Learning and Development opportunity/ Weblink	**Brief Description**	**Type /Mode**	**Aimed at**
REPORTS/GUIDANCE/ DOCUMENTS			
https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/medication/190819_more_harm_than_good.pdf	Age UK Report: More Harm than Good (Older People & Medicines)	Report	ALL
CGA: Medication history and review | British Geriatrics Society	BGS CGA Hub highlights key points and guidance around medication review within CGA	Guidelines	
https://www.bgs.org.uk/resources/end-of-life-care-in-frailty-medicines-management	This resource examines the issue of polypharmacy at the end of life	Guidelines	HCP
Older adult pharmacy resources | British Geriatrics Society	The BGS Pharmacy Group have assembled a list of helpful resources to guide clinicians on medicines management and deprescribing in older adults. These include decision support tools and useful medication review models	Guidelines	HCP
https://bnf.nice.org.uk/guidance/prescribing-in-the-elderly.html	British National Formulary (BNF) Guidance: Prescribing in the Elderly	Guidelines	ALL

LTDAM Final Report V1.docx	Care City 2025 Let's talk differently about Medicines - Empowering patients and public to address polypharmacy amongst older people	Report	ALL
Covert administration of medicines - Care Quality Commission	CQC – Covert administration of medicines	Guidance	ALL
https://www.cqc.org.uk/publications/major-report/medicines-health-social-care	Care Quality Commission (CQC) Report: Medicines in Health & Social Care. Highlights common areas of risk when using medicines across health and social care in England	Report	ALL
https://www.cqc.org.uk/guidance-providers/adult-social-care/medicines-information-adult-social-care-services#homecare	Medicines information for adult social care services with links to Find the medicines information for adult social care by type of care setting	Guidance	Social Care
https://www.cqc.org.uk/news/stories/medicines-health-adult-social-care-learning-risks-sharing-good-practice-better-outcomes	Care Quality Commission (CQC) Guidance: Medicines in health and adult social care: Describes lessons for better medicines optimisation across health and social care providers and the positive impact of involving	Report	ALL

	pharmacy professionals in health and social care settings		
https://www.gov.uk/government/publications/administration-of-medicine-in-care-homes	Department Health & Social Care Guidance: Administration of Medicines in Care Homes. Information for care home providers, managers and Guidance Social Care Staff Learning and Development opportunity / Weblink Brief Description Type / Mode Aimed at staff about giving out prescribed medicines and the requirements	Guidance	Social Care
Polypharmacy-Guidance-2018.pdf	NHS Scotland Guidance: Polypharmacy Guidance; Realistic Prescribing	Guidance	HCP
https://www.nice.org.uk/advice/KTT18/chapter/Evidenc	National Institute Clinical Excellence (NICE) Guidance: Multi-morbidity & Polypharmacy	Guidance	HCP
giving-medicines-covertly-quick-guide.pdf	National Institute Clinical Excellence (NICE) Guidance: A quick guide to covert medication administration in care homes	Guidance	ALL
Polypharmacy: Getting our medicines right	Royal Pharmaceutical	Guidance	ALL

	Society Guidance: Polypharmacy. Best practice statements made in this guidance may not necessarily reflect the current arrangements in healthcare but aim to set out a picture of what good systems could (and should) have in place and how healthcare professionals could behave in order to address the problems that can arise from polypharmacy		
ONLINE LEARNING & DEVELOPMENT RESOURCES			
https://www.cgakit.com/m2--meds-review	Online Primary Care resources: Medication Reviews in the Elderly	Online resources	HCP
https://portal.e-lfh.org.uk/Component/Details/573434	Providing medicines advice	E-learning	HCP
https://portal.e-lfh.org.uk/Component/Details/63647	Prescribing for older people. This session outlines the principles of prescribing for older people in primary care	E-learning	HCP
https://www.medicinestalk.co.uk/	Medicines Talk – A collection of stories to inspire new avenues for discussion between clinicians and patients about	Online resources	ALL

	their medicines and care		
[Supporting older people to manage their medicines at home – Yorkshire and Humber Patient Safety Research Collaboration](#)	NIHR Yorkshire and Humber developed a set of resources to support older people to manage their medicines at home	Online resources	ALL
https://www.gov.uk/government/publications/e-learning-modules-medicines-and-medical-devices/e-learning-modules-medicines-and-medical-devices	Department Health & Social Care: Medicines Management. Modules on medicines have been written for healthcare professionals responsible for prescribing, supplying, or administering medicines. Covering clinically relevant aspects of medicines regulation as well as topics on the risks of commonly prescribed specific classes of medicines	E-learning	HCP
https://www.rpharms.com/resources/frameworks/presc	Royal Pharmaceutical Society: Competency Framework for All Prescribers. A generic framework that can be used by any prescriber at any point in their career regardless of their professional background.	Online resources	ALL

	However, it must be contextualised to reflect different areas of practice, levels of expertise and settings. The framework is for all regulators, professional bodies, education providers, and patients/carers to use		
RESEARCH ARTICLES			
https://journals.sagepub.com/doi/10.1177/16094069241266194	Addressing polypharmacy: Developing public facing resources through story telling based co-design	Research Article	ALL
Managing medication: older people and their families need support to deal with the hidden burden of medication	NIHR - The MEMORABLE Study Findings – aimed at understanding the difficulties older patients have in managing medications and identified key areas of difficulty that could be tackled with simple interventions	Research Article	ALL
Help With Medication Reduces Hospital Admissions in Older Patients	NIHR Study University of Bradford – Help with medication reduces hospital admission in older adults	Online video	ALL