

## Domain D4.3: Mood Disorders in Later Life, Recognition, Assessment and Management

Learning and Development opportunity/ Weblink	Brief Description	Type /Mode	Aimed at
<b>REPORTS/GUIDANCE/ DOCUMENTS</b>			
<a href="https://www.bgs.org.uk/resources/end-of-life-care-in-frailty-psychological-support">https://www.bgs.org.uk/resources/end-of-life-care-in-frailty-psychological-support</a>	This resource looks at the emotional and psychological needs that may be present as an older person approaches the end of life	Guidance	All
<a href="https://www.england.nhs.uk/wp-content/uploads/2017/09/practice-primer.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/09/practice-primer.pdf</a>	NHS England: Document addressing common mental health problems in older adults and approaches to recognition, assessment, and management. This is aimed primarily at primary care colleagues but a useful learning resource for others. Chapters 4 and 5 focus on depression and anxiety disorders	Guidance	HCP
<b>ONLINE LEARNING &amp; DEVELOPMENT RESOURCES</b>			
<a href="https://www.ageuk.org.uk/discover/2020/01/iapt/">https://www.ageuk.org.uk/discover/2020/01/iapt/</a>	Age UK: How IAPT and talking therapies can help older people with anxiety disorders and depression and why the uptake among over 65's is only 7% - how we all can help	Online resources	ALL
<a href="https://www.ageuk.org.uk/information-advice/health-wellbeing/conditions-illnesses/depression-anxiety/">https://www.ageuk.org.uk/information-advice/health-wellbeing/conditions-illnesses/depression-anxiety/</a>	Age UK: Mental wellbeing online advice and	Online resource	ALL

	resources for older people, family, friends, and others		
<a href="https://portal.e-lfh.org.uk/Component/Details/621373">https://portal.e-lfh.org.uk/Component/Details/621373</a>	Anxiety recognition and management: Session will help you to understand what anxiety is and what can cause it. It will help you to understand what treatments there are and what you can do to help	E-learning	ALL
<a href="https://portal.e-lfh.org.uk/Component/Details/609893">https://portal.e-lfh.org.uk/Component/Details/609893</a>	Suicide, risk, and prevention in older people	E-learning	ALL
<a href="https://www.who.int/news-room/factsheets/detail/mental-health-of-older-adults">https://www.who.int/news-room/factsheets/detail/mental-health-of-older-adults</a>	World Health Organisation factsheet considering treatment and care strategies to address mental health needs of older people	Online factsheet	ALL
<a href="#">Old age psychiatry training packs</a>	Useful training slides and resources re: a range of topics including anxiety disorders, depression and self-harm and suicide in older people	Online resources	ALL
<a href="https://www.rcpsych.ac.uk/mental-health/problems-disorders/depression-in-older-adults">https://www.rcpsych.ac.uk/mental-health/problems-disorders/depression-in-older-adults</a>	Royal College of Psychiatrists online resource: Depression in older adults. Useful training slides and animation	Online Resources	ALL
<a href="#">old-age-faculty---opmh-anxiety-disorder-in-older-adults-tier-3---2021.pptx</a>	Royal College of Psychiatrist online resource: anxiety older adults ppt	Online resources	All
<b>RESEARCH ARTICLES</b>			
<a href="https://www.bjmp.org/files/2017-10-1/bjmp-2017-10-1-a1007.pdf">https://www.bjmp.org/files/2017-10-1/bjmp-2017-10-1-a1007.pdf</a>	BMJ peer reviewed article (2017) which explores the topic	Research article	HCP

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