

Reflection of Experience in Practice Template

This tool has been designed to enable you, as a staff member to describe what an older persons' health or social care journey was like from your perspective. To start, think about a particular older person that you have been involved with within your job. Consider a specific aspect of their care and think about what it was like to deliver care and/or support. Think about:

<p>What aspect of care are you thinking about? Describe the situation / pathway</p>	
<p>How did you feel as you were delivering care or providing support? What made you feel like this?</p>	
<p>What worked well and what did not work so well?</p>	
<p>Without giving away any confidential information, can you describe it from the older person's perspective e.g., feelings, experience, involvement</p>	

Reflection on experience in practice template continued

<p>What 3 key points can be learned from this experience?</p>	<p>1.</p>
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	<p>2.</p> <p>3.</p>
<p>How will you apply this learning in practice?</p> <p>If appropriate, how will you share this learning with others?</p>	
<p>EnCOP Competency Achievement: Which domains / PI's do you think that this evidence supports?</p>	
<p>Name:</p>	<p>Date:</p>