

## EnCOP Case-based Discussion Template

This tool has been designed to enable you, as a staff member to use case-based discussion to reflect on how you provide care and support to older people. You may want to choose a single episode where you were involved with a particular older person or a case you were involved with over a longer period of time. Either way your involvement should have been significant and remember to consider things from your own personal perspective and where your own strengths and development needs lie. Think about:

### Describe the episode of care

**Consider:** Anonymised description of older person, presenting problems and issues, issues relating to ageing, functional ability, cognition and frailty, cultural barriers and enablers, communication enablers and barriers, relationships (family and friends), assessment strategies, care and support planning and interventions, care outcomes

### Reflections relating to good care

**Consider:** What are the systems that support good care and what is your place within them? Was all the information to hand? Was there enough time for effective care? Was the environment conducive to privacy and dignity? Were all required resources and facilities available? Were local guidelines available? What can I do to improve these factors?

### Reflections relating to maintaining good practice

**Consider:** This refers to your level of knowledge: - How do I judge my level of knowledge or skill relating to this issue (s)? What unmet learning needs can I identify? How can I address these?

EnCOP Case-based Discussion Template Continued

<p><b>Reflections relating to good relationships with older people, family, and friends</b></p> <p><b>Consider:</b> How well did I communicate? Did the older person (family or friend) feel respected? Did they have sufficient time to tell their story? Did they feel like a partner in the outcomes? How did I gauge these? What skills can I identify which will enhance these?</p>	
<p><b>Reflections relating to good relationships with colleagues and other</b></p> <p><b>Consider:</b> Did I consider notes from others within the care record? Did I gather information from others appropriately? Did I record my interactions and interventions in a comprehensive, legible way? Did I make appropriate referrals? Did I appropriately respect the professional approach of others even if it differs from my own? How can I improve in this area?</p>	
<p><b>OUTCOMES:</b></p> <p><b>Consider:</b> Which outcomes can I use to positively impact my care delivery for older people?</p> <p>Are there any learning needs identified? What 3 Key Learning Points can I take from this case?</p>	
<p><b>EnCOP Competency Achievement:</b></p> <p><b>Which domains / PI's do you think that this evidence supports?</b></p>	
<p><b>Staff Member Name:</b></p>	<p><b>Date:</b></p>