

Learning and Development opportunity / Weblink	Brief Description	Type / Mode	Aimed at
REPORTS/GUIDANCE/ DOCUMENTS D4.4 Assessment and management of bowel and bladder health			
https://www.ageuk.org.uk/globalassets/age-uk/documents/information-guides/ageukig15_bladder_bowel.inf.pdf	Age UK have produced this easy to read guide for older people, families and carers addressing bladder and bowels problems	Easy to read guide	All
https://www.bgs.org.uk/topics/continence	Web link to a range of continence resources provided by the British Geriatrics Society (BGS)	Good practice guide	All
https://www.bgs.org.uk/resources/continence-care-in-residential-and-nursing-homes	Good practice guide to managing continence in care homes	Good practice guide	All
https://www.bgs.org.uk/resources/16-cga-in-primary-care-settings-patients-presenting-with-urinary-incontinence	This good practice guide is linked to comprehensive assessment of people presenting with urinary incontinence in primary care settings.	Good practice guide	All
https://www.bgs.org.uk/resources/end-of-life-care-in-frailty-continence-care	This resource examines the management of continence issues in frail older people at the end of life.	Good practice guide	All
https://www.bgs.org.uk/resources/continence-care-in-residential-and-nursing-homes	This British Geriatric Society brief guide is aimed at carers and nurses in residential and nursing homes to assist in planning individual care for each resident and provide a framework within which improved continence care can be provided for both men and women. A suggested reading and reference list is provided at the end	Good practice guide	Care home staff
https://www.bgs.org.uk/resources/what-you-should-expect-from-your-nhs-bladder-and-bowel-service	This booklet contains key messages from the audit and information about what care people can expect if they seek help for bladder or bowel problems	Audit summary findings	All
https://www.dementiauk.org/get-support/health-issues-and-advice/caring-for-a-person-with-a-stoma-and-dementia/	Dementia UK in collaboration with Colostomy UK offer guidance around the additional challenges	Guidance	ALL

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	coping with a stoma which may be faced by people with dementia		
https://www.england.nhs.uk/wp-content/uploads/2018/07/excellence-in-continence-care.pdf	Excellence in Continence Care – Guidance	Guidance	Commissioners and senior leaders of care
https://cks.nice.org.uk/topics/constipation/	NICE guidance re: best practice in the diagnosis, management, and treatment of constipation in adults	Guidance	All
https://www.nice.org.uk/Guidance/QS54	This quality standard covers managing faecal (bowel) incontinence in adults in the community (at home and in care homes) and in hospital. It includes assessment of bowel control problems, advice and support, and treatment options. It describes high-quality care in priority areas for improvement	Guidance	All
https://www.nice.org.uk/guidance/ng123	This guideline covers assessing and managing urinary incontinence and pelvic organ prolapse in women.	Guidance	ALL

ONLINE LEARNING & DEVELOPMENT RESOURCES

https://www.bbuk.org.uk/adults/	Bowel and Bladder UK support people with bowel and bladder problems. Link is to online resources including factsheets, blogs and support for adults, families, and carers	Online resources	All
https://www.bladderandbowel.org/#	Bladder & Bowel Community help to support the millions of people in the UK who are living with conditions that affect their bladder or bowel. This link is to their online resources including fact sheets about conditions, treatments, and products alongside patient stories	Online resources	All
https://www.e-lfh.org.uk/e-learning-to-promote-best-practice-in-continence-and-catheter-care/	Promoting best practice in continence care - This session, aimed at health care assistants and nursing staff provides an overview of the anatomy and	e-learning	All

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	physiology of the lower urinary tract before describing the factors that keep us continent. Different types of incontinence are described along with therapies and treatments that can support patients to remain continent.		
https://portal.e-lfh.org.uk/Component/Details/706716	The Antimicrobial Prescribing for Urinary Tract Infections (UTIs) e-learning provides a quick overview on the key points to consider when prescribing antibiotics for UTIs, as outlined in the NICE guidance on managing common infections. The session covers why the management of UTIs matter, what you need to know as a clinician, what you can do in your clinical practice and where can you find more information. This bite-sized session is accompanied by an assessment and learners have the flexibility of assessing their knowledge before and/or after engaging with the session.	e-learning	Healthcare Professionals
https://www.e-lfh.org.uk/programmes/continence-and-catheter-care/	Promoting best practice in catheter care - this session focuses on best practice in catheter care. Emphasis is placed on reducing unnecessary catheterisations and, where catheterisation is unavoidable, following the correct aseptic technique for catheter insertion. Also provides an overview of catheter care and the importance of removing catheters as soon as they are no longer required. The importance of documentation and communication with other healthcare professionals is also described.	e-learning	All
https://www.nhs.uk/ipgmedia/National/Marie%20Curie%20Cancer%20Care/assets/Bowelandbladderproblems.pdf	Fact sheet produced by Marie Curie about bladder and bowel problems	Online resource	All

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https://www.rcn.org.uk/library/subject-guides/bladder-and-bowel	Royal College of Nursing guide to finding information resources about bowel and bladder care including books, reports, and journal articles	Online resources	All
https://elearning.rcgp.org.uk/mod/book/view.php?id=12652&chapterid=468	A range of online tools and learning resources produced by Royal College of GP's including training videos, e-learning and presentation slides provides a urinary tract infection resource suite	Online resources and e-learning	Healthcare professionals
RESEARCH ARTICLES			
https://bmjopenquality.bmj.com/content/10/2/e001380	'We tend to get pad happy': a qualitative study of health practitioners' perspectives on the quality of continence care for older people in hospital.	Qualitative research study	Healthcare staff
NIHR Evidence - Continence, dementia, and care that preserves dignity - Informative and accessible health and care research	National Institute Health Research This research article and podcast is focussed on continence, dementia and care that preserves dignity	Research Article and Podcast	Health and Care Staff