

Learning and Development opportunity / Weblink	Brief Description	Type / Mode	Aimed at
<b>REPORTS/GUIDANCE/ DOCUMENTS</b> <b>Domain D1. Ageing Well – Understanding Frailty - Prevention, Identification and Recognition</b>			
<a href="https://www.bgs.org.uk/resources/resource-series/fit-for-frailty">https://www.bgs.org.uk/resources/resource-series/fit-for-frailty</a>	Weblink to landing pages for all British Geriatric Society (BGS) Fit for frailty resources	Guidance	All
<a href="https://www.bgs.org.uk/resources/introduction-to-frailty">https://www.bgs.org.uk/resources/introduction-to-frailty</a>	British Geriatric Society, Fit for Frailty, Introduction to Frailty – Part 1 Consensus Best Practice Guidance for the care of older people living with frailty in community and outpatient settings	Good Practice Guides	All
<a href="https://www.bgs.org.uk/resources/recognising-frailty">https://www.bgs.org.uk/resources/recognising-frailty</a>	British Geriatric Society Best Practice Guidance Recognising Frailty in a routine situation	Good Practice Guide	All
<a href="https://www.bgs.org.uk/resources/managing-frailty">https://www.bgs.org.uk/resources/managing-frailty</a>	British Geriatric Society Best Practice Guidance Managing Frailty	Good Practice Guide	All
<a href="https://www.bgs.org.uk/resources/commissioning-services-for-frailty">https://www.bgs.org.uk/resources/commissioning-services-for-frailty</a>	This guide provides advice and guidance on the development, commissioning, and management of services for people living with frailty, to complement the other guides in this series which deal with defining, recognising and managing frailty in community settings.	Good Practice Guide	GPs, geriatricians, health service managers, social service managers and commissioners of services
<a href="https://www.bgs.org.uk/resources/resource-series/silver-book-ii">https://www.bgs.org.uk/resources/resource-series/silver-book-ii</a>	Older People in Acute Care Settings. The Silver Book II addresses a wide range of urgent care issues specific to older people. Aimed at clinicians and other healthcare professionals working in emergency departments and urgent care, this updated resource is presented in a highly accessible digital format and is free of charge. British Geriatric Society (BGS)	Publication	All
<a href="https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/">https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/</a>	This is a link to the NHS Long Term Plan. This plan identifies improving care for older people living with frailty as a priority.	Guidance	All

Learning and Development opportunity / Weblink	Brief Description	Type / Mode	Aimed at
<a href="https://www.nice.org.uk/guidance/ng16">https://www.nice.org.uk/guidance/ng16</a>	NICE guidance: Dementia, disability, and frailty in later life – mid-life approaches to delay or prevent onset This guideline covers mid-life approaches to delay or prevent the onset of dementia, disability, and frailty in later life. The guideline aims to increase the amount of time that people can be independent, healthy, and active in later life	Guidance	Health & Social Care Professionals
<a href="https://skillsforhealth.org.uk/wp-content/uploads/2021/01/Frailty-framework.pdf">https://skillsforhealth.org.uk/wp-content/uploads/2021/01/Frailty-framework.pdf</a>	This document is a workforce capabilities framework all about frailty care.	Workforce Competency Framework	All
<a href="https://ulir.ul.ie/bitstream/handle/10344/7331/Coffey_2016_European.pdf;jsessionid=1C6274561ED17923BD7468DCE96A8B7F?sequence=1">https://ulir.ul.ie/bitstream/handle/10344/7331/Coffey_2016_European.pdf;jsessionid=1C6274561ED17923BD7468DCE96A8B7F?sequence=1</a>	European Core Competencies Framework for working with older people	Workforce Competency Framework	All
Healthy ageing: applying all our health - GOV.UK ( <a href="http://www.gov.uk">www.gov.uk</a> )	Dep Health and Social Care This guidance will help front-line health and care professionals use their trusted relationships with individuals, families and communities to address the impact of ageing on health. It recommends important actions that managers and staff holding strategic roles can take with patients	Guidance	Health and Social Care Staff
EVALUATE: Pathways « I-Care ( <a href="http://frailtyicare.org.uk">frailtyicare.org.uk</a> )	NENC Ageing Well NW The <a href="#">Frailty Pathways Toolkit</a> is a standardised toolkit for the planning, provision, and evaluation of frailty pathways of care. It was developed in order to understand the scope, range and effectiveness of frailty pathways and was led by academic and clinical experts from our frailty iCARE Community of Practice	Guidance	Health and Social Care Staff

## ONLINE LEARNING & DEVELOPMENT RESOURCES

Learning and Development opportunity / Weblink	Brief Description	Type / Mode	Aimed at
<a href="https://www.bgs.org.uk/resources/resource-series/frailty-hub">https://www.bgs.org.uk/resources/resource-series/frailty-hub</a>	British Geriatrics Society Frailty Hub weblink. articles, national guidelines, and best practice relevant to frailty. Also, a paid e-learning course; price varies as there is a reduction with current BGS membership.	Online resources	All
<a href="https://www.bgs.org.uk/blog/understanding-frailty-a-beginners-guide">https://www.bgs.org.uk/blog/understanding-frailty-a-beginners-guide</a>	A beginner's guide to understanding frailty	Blog Post	All
<a href="https://www.e-lfh.org.uk/programmes/frailty/">https://www.e-lfh.org.uk/programmes/frailty/</a>	E Learning for health frailty programme of education. This e-learning is free, but users must register to access the learning resource modules	E – learning	All
<a href="http://frailtyicare.org.uk/frailty-i-care/frailty-profiles/">http://frailtyicare.org.uk/frailty-i-care/frailty-profiles/</a>	This section of the Frailty ICARE website gives information about Frailty profiles	Online resource	All
<a href="http://frailtyicare.org.uk/frailty-i-care/ageing-well-and-universal-personalised-care/">http://frailtyicare.org.uk/frailty-i-care/ageing-well-and-universal-personalised-care/</a>	This section of the Frailty ICARE website gives information about Ageing Well and Universal Personalised Care (UPC).	Online resource	All
<a href="https://www.frailtytoolkit.org/frailty360/">https://www.frailtytoolkit.org/frailty360/</a>	Frailty training resources. Train the trainer model. Local sites need licence and trainers in place. Contact Fusion 48 direct to discuss (Varying cost- contact provider to discuss)	E-learning. May be face to face again in future	
<a href="https://jackiesstory.co.uk">https://jackiesstory.co.uk</a>	This video animation from Northeast and North Cumbria Ageing Well Network details a system response to frailty and the importance of life stories. Includes key information from Frailty ICARE (Involve, Consider, Assess, Respond, Evaluate)	Video	All
<a href="#">Ageing well programme - NIHR School for Public Health ResearchNIHR SPHR</a>	Information on the School for Public Health Ageing Well Programme	e-learning	Health & Social Care Professionals
<a href="https://www.youtube.com/watch?v=LcEGLEH98Ts">https://www.youtube.com/watch?v=LcEGLEH98Ts</a>	This video is an animation from Hampshire CCG about understanding frailty	Video	All

## RESEARCH ARTICLES

<a href="https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/rb_march14_living_with_frailty.pdf">https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/rb_march14_living_with_frailty.pdf</a>	This research study explores the lives of older people who are living with different degrees of frailty and considers the factors that could have a positive impact on their quality of life.	Qualitative research study	All
<a href="#">Publications   Centre for Ageing Better (ageing-better.org.uk)</a>	A range of publications to support Ageing Well	Articles	Health & Social Care Staff

