



**EnCOP**

Enhanced Care for Older People

**Enhanced Care for Older People**  
**Learning Session Number 8**

**Older People: Prevention and**  
**Management of Undernutrition**

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**EnCOP Lead: Angela Fraser**

**Date: 23<sup>rd</sup> June 2022**

# Housekeeping

## **During the session**

We will keep participants muted whilst we are presenting. This avoids distracting our speakers and reduces sensory stimulation which is important for some people. However, if you wish to ask a question you can do this by adding it to the chatbox. We will address as we go or follow up afterwards.

Please feel free to turn your camera on and off as you need to. If you need it off the whole time, that is totally fine.

If you need a break at any time during the session, then please leave the meeting and re-join again when you feel ready.

## **Accessibility**

Information on accessibility features in Teams can be found here: <https://support.microsoft.com/en-us/office/accessibility-support-for-microsoft-teams-d12ee53f-d15f-445e-be8d-f0ba2c5ee68f> and you can contact us with any other accessibility questions.

## **After the event**

Presentations will be circulated following the event

The webinar is being recorded and will be available after this session. Head over to the AHSN NENC's YouTube channel at: [youtube.com/ahsnenc](https://youtube.com/ahsnenc) and click the subscribe button and notification bell, to keep up-to-date on further video content, webinars, workshops and live events.

# Session Aim & Linked Competencies

## **Aim:**

To enhance or develop knowledge and understanding of the prevention, identification, assessment and management of undernutrition and dehydration with older people

## **Linked EnCOP Domains:**

<b>B: Evidence Based Care : Supporting learning, leadership and improving care for older people</b>
<b>C1: Partnership working and communication with older people , families and friends</b>
<b>C2: Interprofessional and interorganisational working, communication and collaboration</b>
<b>D2: Ageing Well : Assessing, planning, implementing and evaluating care and support</b>
<b>D3: Ageing Well: Supporting independence , autonomy and community connectivity for older people</b>
<b>D4: Ageing Well : Promoting and supporting holistic physical health and wellbeing with older people</b>
<b>D4.3: Ageing Well: Risk assessment, prevention and management of malnutrition and dehydration</b>
<b>D7:End of life care: Older people and frailty – recognition, assessment and care planning</b>

Thank you



## Ideas for Learning, Consolidation & achieving competency

### **Consolidating Learning:**

#### **Reflection on the session & considering application to practice & what this means 'your people'**

- Think about this session in relation to your own role
- How much of this was revision?
- What have you learned today ?
- How will this help you in your role ?
- Think about your EnCOP self–assessment; consider which performance indicators this session may relate to and how this can be used as part of your own development / competency achievement.

### **Competency Domains:**

B: Evidence Based Care : Supporting learning, leadership and improving care for older people

C1: Partnership working and communication with older people , families and friends

C2: Interprofessional and interorganisational working, communication and collaboration

D2: Ageing Well : Assessing, planning, implementing and evaluating care and support

D3: Ageing Well: Supporting independence , autonomy and community connectivity for older people

D4: Ageing Well : Promoting and supporting holistic physical health and wellbeing with older people

D4.3: Ageing Well: Risk assessment, prevention and management of malnutrition and dehydration

D7:End of life care: Older people and frailty – recognition, assessment and care planning



Feedback about today's session and any future sessions you may like to see included in our webinar series....

All feedback welcomed; You may want to consider the following –

Was it easy to book onto the session?

Did you find the session went well in this online format ?

Was the content of the session relevant to your area of practice / job role?

Did you enjoy the session?

Thinking about future webinar's, which topics linked to older person's care would you be most interested in? Please put any suggestions in the chat.

Please comment in the chat today or feel free to email us: [ghnt.encop@nhs.net](mailto:ghnt.encop@nhs.net)



**More information can be found within  
the Frailty icare website**

[www.frailtyicare.org](http://www.frailtyicare.org)

Our EnCOP pages are located in the  
workforce section

**EnCOP Library of Learning &  
Development Resources can be found**

at:

<http://frailtyicare.org.uk/making-it-happen/workforce/enhanced-care-of-older-people-with-complex-needs-encop-competency-framework/encop-learning-resources/learning-resources/>

