

Learning and Development opportunity / Weblink	Brief Description	Type / Mode	Aimed at
<b>Domain D5.3: Mood disorders in later life: Recognition, assessment, and management</b>			
<b>REPORTS/GUIDANCE/ DOCUMENTS</b>			
<a href="https://www.ageuk.org.uk/discover/2020/01/iapt/">https://www.ageuk.org.uk/discover/2020/01/iapt/</a>	Age UK Report: IAPT and mental health in older people	Report	ALL
<a href="https://www.england.nhs.uk/wp-content/uploads/2017/09/practice-primer.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/09/practice-primer.pdf</a>	NHS England: Document addressing common mental health problems in older adults and approaches to recognition, assessment, and management. This is aimed primarily at primary care colleagues but a useful learning resource for others. Chapters 4 and 5 focus on depression and anxiety disorders	Guidance	Health Professionals
<a href="https://www.who.int/news-room/fact-sheets/detail/mental-health-of-older-adults">https://www.who.int/news-room/fact-sheets/detail/mental-health-of-older-adults</a>	World Health Organisation factsheet considering treatment and care strategies to address mental health needs of older people	Factsheet	ALL
<b>ONLINE LEARNING &amp; DEVELOPMENT RESOURCES</b>			
<a href="https://www.ageuk.org.uk/information-advice/health-wellbeing/conditions-illnesses/depression-anxiety/">https://www.ageuk.org.uk/information-advice/health-wellbeing/conditions-illnesses/depression-anxiety/</a>	Age UK: Mental wellbeing online advice and resources for older people, family, friends, and others	Online resource	ALL
<a href="https://portal.e-lfh.org.uk/Component/Details/621373">https://portal.e-lfh.org.uk/Component/Details/621373</a>	Anxiety recognition and management: Session will help you to understand what anxiety is and what can cause it. It will help you to understand what treatments there are and what you can do to help	E-Learning	ALL
<a href="https://portal.e-lfh.org.uk/Component/Details/609893">https://portal.e-lfh.org.uk/Component/Details/609893</a>	Suicide, risk, and prevention in older people	E-Learning	ALL
<a href="https://www.rcpsych.ac.uk/mental-health/problems-disorders/depression-in-older-adults">https://www.rcpsych.ac.uk/mental-health/problems-disorders/depression-in-older-adults</a>	Royal College of Psychiatrists online resource: Depression in older adults	Online resources	ALL

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RESEARCH ARTICLES			
<a href="https://www.bjamp.org/files/2017-10-1/bjamp-2017-10-1-a1007.pdf">https://www.bjamp.org/files/2017-10-1/bjamp-2017-10-1-a1007.pdf</a>	BMJ peer reviewed article (2017) which explores the topic of depression in older adults	Research Article	Healthcare professionals