

Is My Resident Unwell? Tool (IMRU)

This is a structured communication tool which comprises of three key elements:

- Soft Signs: observed changes in an individual's normal behaviour such as changes in appetite, mobility, bowel habits and changes in skin colour or condition which may be the first indicator of deterioration
- NEWS2 (National Early Warning Score 2); a standardised approach to measuring and recording physiological signs including, pulse, temperature, respiratory rate, oxygen saturation levels and blood pressure to arrive at an overall score to support the response to and assessment of acute illness
- SBARD (Situation, Background, Assessment, Recommendation, Decision): a structured, standardised and straightforward approach for effective communication between individuals and organisations

Watch this short animation found [here](#) for an overview of how to spot the early signs that someone is becoming unwell, measuring vital signs and how to communicate concerns and pass on information to others.