

## **Claire Braid**

Personalised Care Programme Manager – North East and North Cumbria

NHS England and NHS Improvement

Claire is a qualified Occupational Therapist, graduating from York St John in 2003. Claire's clinical specialism is stroke and neurorehabilitation, and she completed a Master's degree in Advanced Clinical Practice (Neurological Rehabilitation) in 2012. She later took a leap out of clinical practice and into the world of service improvement, leading the Neurological Conditions Clinical Network for the North East and North Cumbria. Following a side step into the Children and Young People's Mental Health Clinical Network, Claire joined the NHS England Health and Justice Commissioning Team for Cumbria and the North East, where she led a cross-system transformation project focused on improving mental health provision for children and young people involved in the criminal justice system. She then took on the role of Commissioning Manager, with responsibility for the healthcare commissioning of two Secure Children's Homes in the North East and oversight of an additional two in the North West.

Throughout her varied roles, Claire has always believed that the person should be at the centre of any healthcare intervention, with services delivered based on what matters to them. This is the ethos of the occupational therapy profession and what drew her into her current role as Personalised Care Programme Manager for the North East and North Cumbria. Claire is passionate about driving a change in culture across health and social care, to embed a more flexible and person-centred approach for people of all ages and backgrounds.