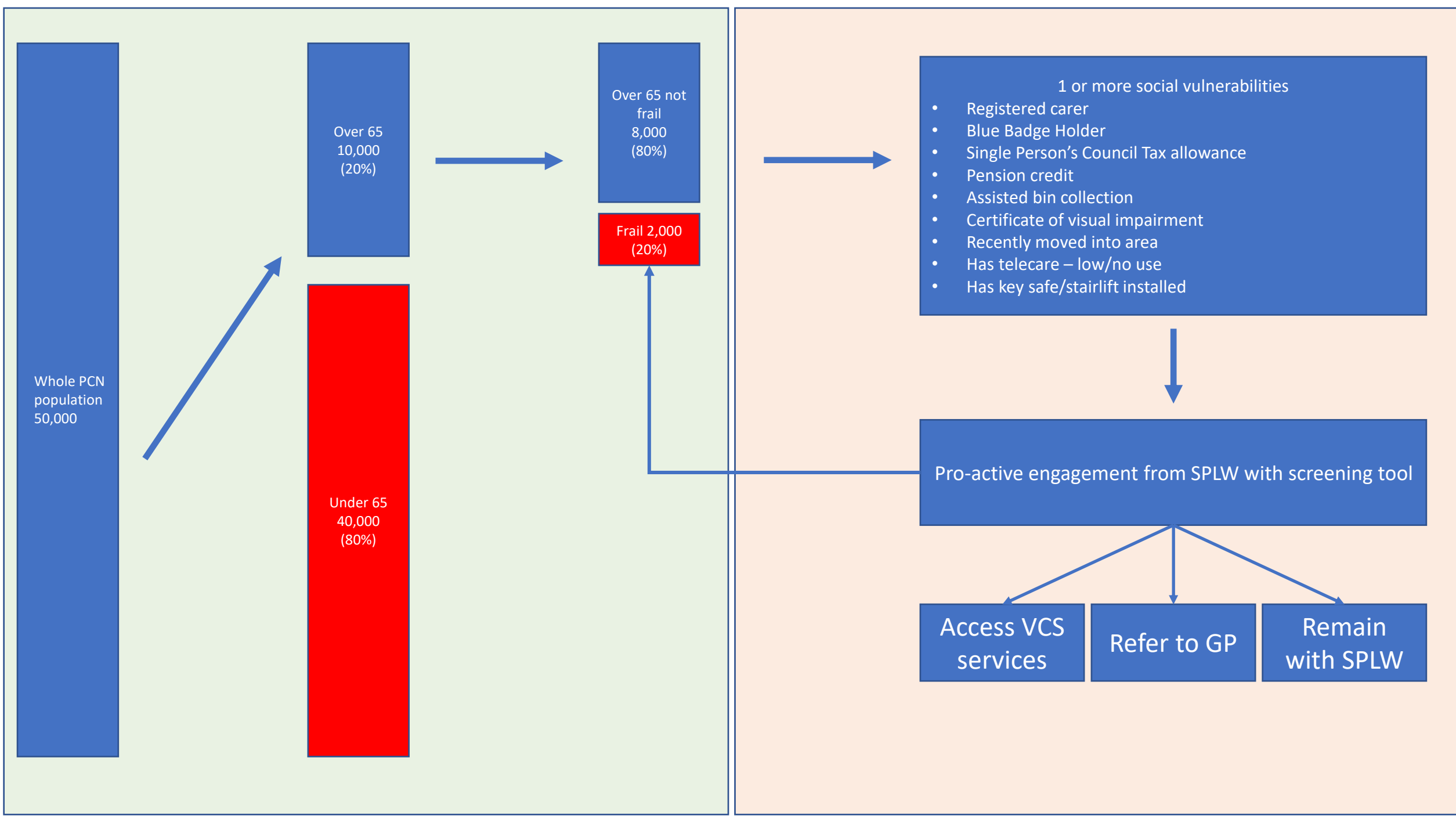


Pre-frailty, Social Isolation, and Loneliness Project

Central ICP – County Durham, South Tyneside, and Sunderland

Project Manager – Jon Quine



Step 1 - PCN
Data

Whole PCN population minus

- Under 65s
- Housebound or had a home visit (in last year)
- In a care home (over 65)
- On palliative care list (>50)
- Age >90
- Living with dementia
- EFI severe (>0.36)
- Difficulty mobilising in annual review

NECS

PFSIL

Step 2 -
Social Care
Data

- Social; registered carer
- Environmental; recently installed key safe /stairlift / grab rails
- Psychological; recently bereaved / moved into area
- Functional; new domiciliary care package, blue badge holder, telecare provision
- Physical vulnerabilities; visual or hearing impairment, falls
- Community concern; faith groups, taxi drivers, hairdressers, postal workers, social clubs

Project Phases

Phase 1 – intelligence gathering



Phase 2 – data identification and dashboard development



Phase 3 - testing and interventions

