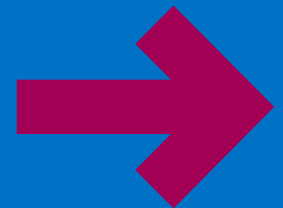


# Frailty Core Capabilities Framework

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# Frailty Core Capabilities Framework



**Released  
today!**



## Frailty Core Capabilities Framework

Health Education England (HEE) and NHS England have commissioned the development of a Frailty Core Capabilities Framework. The framework will aim to identify and describe the skills, knowledge and behaviours required to deliver high quality, compassionate care and support. It will provide a single, consistent and comprehensive framework on which to base review and development of staff.

Frailty remains a new area for much of the workforce and as such work is now needed to position frailty as a long term condition and underpin it with the upskilling of the workforce. The framework will build on, and be cross-referenced to existing core skills frameworks such as those for statutory/mandatory subjects, dementia, end of life care and person-centred approaches.

The framework aims to describe **core capabilities** i.e. knowledge, skills and behaviours which are common and transferable across different types of service provision – including health, social care, local government and housing sectors. The framework will be applicable to employees, patients, carers, the community, the public and also to educational organisations which train students who will subsequently be employed in the workforce.

Register and download the framework here  
[www.skillsforhealth.org.uk/frailty-framework](http://www.skillsforhealth.org.uk/frailty-framework)

To register your interest, please complete the form below. You will then be informed when the completed framework is launched (expected by September 2018).

# Who is it for?



# How is it structured?



**Tier 1**

- Those that require general awareness of frailty



**Tier 2**

- Health and social care staff and others who regularly work with people living with frailty but who would seek support from others for complex management or decision-making.



**Tier 3**

- Health, social care and other professionals with a high degree of autonomy, able to provide care in complex situations and who may also lead services for people living with frailty.

# How is it structured?

## 14 CAPABILITIES

### Domain A

- Understanding, identifying and assessing frailty

- 1) Understanding frailty
- 2) Frailty identification and assessment

### Domain B

- Person-centred collaborative working

- 1) Person-centred approaches
- 2) Communication
- 3) Families & carers as partners in care
- 4) Collaborative and integrated working

### Domain C

- Managing Frailty

- 1) Preventing & reducing risk of frailty
- 2) Living well with frailty
- 3) Physical & mental health & wellbeing
- 4) Managing medication
- 5) Care and support planning

### Domain D

- Underpinning principles

- 1) Law, ethics and safeguarding
- 2) Research & evidence-based practice
- 3) Leadership in transforming services

# How should it be used?

It is designed to be used by:

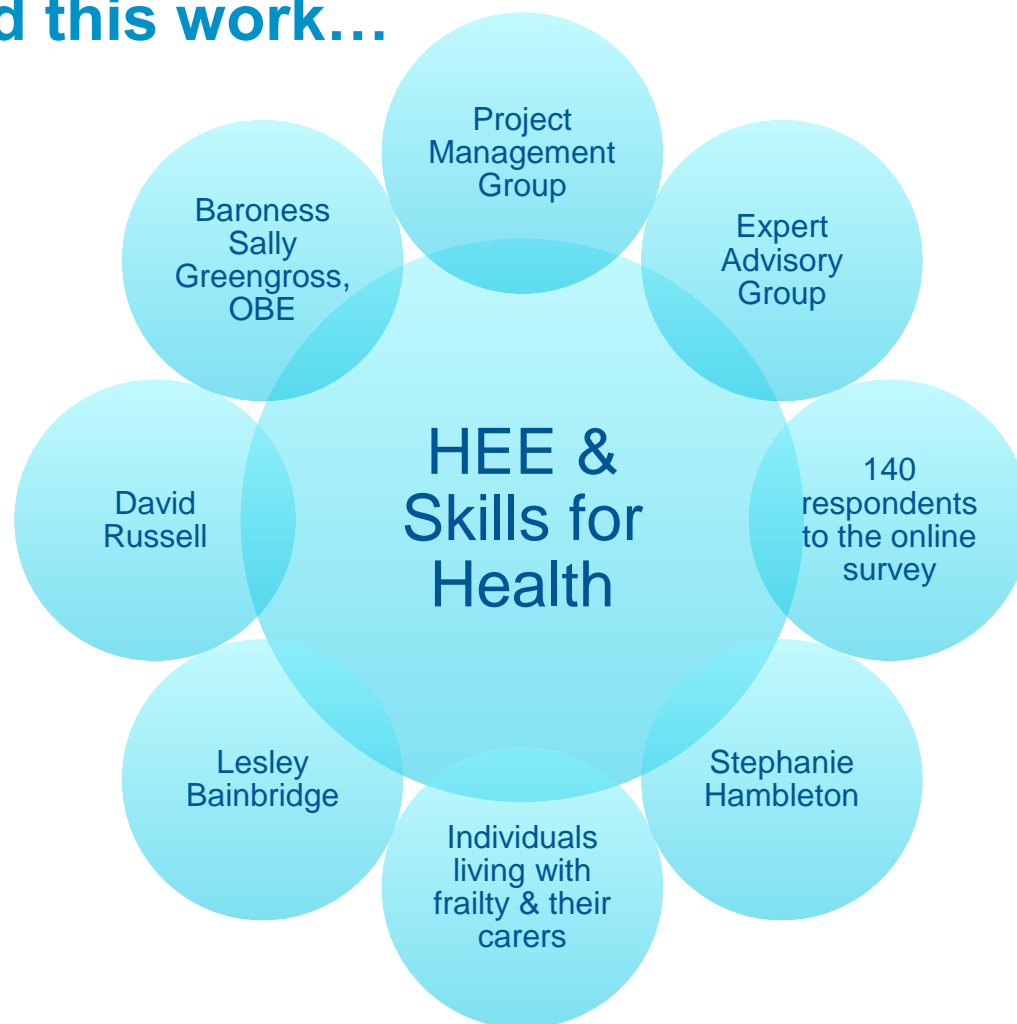
- People living with frailty
- Their family, friends & carers
- Practitioners – as individuals and as teams
- Service commissioners and providers
- Education and training providers



*To define & deliver an approach to care that builds upon the strengths of individuals, families & communities, and helps to support independence & make the most of every contact an older person has with health, care or other services.*

*By focusing on the things we know are important to improving care and wellbeing, we can help make the term 'frailty' a passport to the kind of support that makes a real difference to people's health & lives.*

**‘Thank You’ to the many individuals & organisations who supported this work...**



Trustees of the Institute of Ageing and Health, West Midlands, for a grant to fund future evaluation of the impact of the framework.